Living On Purpose

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I am important
I have important work to do
I was sent here for a reason
I fulfill my mission
I make a difference
I am a warrior of the light

"This is my destiny"

Personal Purpose / Mission Workbook produced by L. Neil Thrussell <u>www.neilthrussell.com</u> (403) 285-5266 neil@neilthrussell.com

PASSION: FOR AND AGAINST

1. What excites me about the world or about people?

2. What 'cause' or aspect in people do I strongly believe in?

3. What would I stand up and fight for?

4. What angers me about people or what's going on with the planet?

5. What would I stand up and fight against?

6. If I could talk to any group of people and shake them up and wake them up, who would I talk to and what would my message be?

| Accomplish | Confirm | Express | Master | Resonate |
|--------------|-------------|------------|-------------|------------|
| Acquire | Connect | Extend | Measure | Respect |
| Act | Construct | Facilitate | Mediate | Restore |
| Add | | | Model | Return |
| | Contact | Finance | | Revise |
| Administrate | Continue | Forgive | Mold | |
| Adopt | Co-ordinate | Foster | Motivate | Safeguard |
| Advance | Counsel | Further | Move | Satisfy |
| Advise | Create | Gather | Negotiate | Save |
| Affect | Decide | Generate | Nurture | Sell |
| Affirm | Defend | Give | Open | Serve |
| Alleviate | Delight | Grant | Organize | Share |
| Amplify | Deliver | Guide | Participate | Shelter |
| Analyze | Demonstrate | Heal | Pass | Speak |
| Appreciate | Devise | Help | Perform | Spread |
| Ascend | Direct | Hold | Persuade | Stand |
| Assist | Discover | Host | Play | Support |
| Associate | Discuss | Identify | Practice | Surrender |
| Believe | Distribute | Illuminate | Praise | Sustain |
| Bestow | Draft | Implement | Prepare | Take |
| Brighten | Dream | Improve | Present | Тар |
| Build | Drive | Improvise | Produce | Teach |
| Call | Educate | Inform | Progress | Team |
| Cause | Elect | Inspire | Promise | Touch |
| Change | Embrace | Integrate | Promote | Trade |
| Choose | Empower | Involve | Provide | Translate |
| Claim | Encourage | Join | Pursue | Travel |
| Coach | Engage | Кеер | Realize | Understand |
| Collect | Engineer | Know | Reclaim | Use |
| Combine | Enhance | Launch | Reduce | Utilize |
| Command | Enlighten | Lead | Refine | Validate |
| Communicate | Enlist | Learn | Reflect | Value |
| Compel | Enliven | Light | Reform | Volunteer |
| Compete | Entertain | Live | Relate | Work |
| Complete | Enthuse | Love | Relax | Write |
| Compliment | Evaluate | Make | Release | Yield |
| Compose | Excite | Manage | Remember | |
| Conceive | Explore | Manifest | Renew | |

Choose 3 – 5 words that MOST resonate, inspire and excite you.